

## **CAREER ACTION PLAN**

Begin your career action plan as soon as you start your graduate program. Invest the time to equip yourself with the tools necessary to develop a marketable and professional presence and secure professional opportunities during and after your graduate program. Everyone's journey is different, but this general timeline will help you plan ahead and ensure that you do not miss out on deadlines and opportunities. Throughout the process, SPH Career Services is here to guide and provide you with the services and resources needed to meet your unique career goals.

## **FIRST YEAR**

**Fall Semester** 

Profe	essional Packaging / Resources
	Make an appointment with <u>SPH Career Services</u> :
	<ul> <li>Discuss career goals, your professional brand and action items</li> </ul>
	<ul> <li>Assess your skills, strengths, and achievements</li> </ul>
	<ul> <li>Take the <u>StrengthsFinder</u> assessment</li> </ul>
	Create an account and get familiarized with <u>uiccareers.com</u> , UIC's job search database
	Join SPHVIEWS listserv; to subscribe: < <u>mailto:listserv@uic.edu?body=sub%20SPHVIEWS</u> >
	Familiarize yourself with available campus resources ( <u>www.uic.edu</u> ), including the central Office of Career
	Services ( <a href="http://careerservices.uic.edu/">http://careerservices.uic.edu/</a> )
	Update your resume and work with <u>SPH Career Services</u> in developing a resume that best presents your
	qualifications. Upload your resume to <u>uiccareers.com</u>
	Create a LinkedIn profile
	Get familiar with the <u>Applied Practice Experience formal partnerships</u> , guidelines and <u>procedures</u>
Netv	vorking
	Attend career workshops, information sessions, and alumni panels hosted by SPH Career Services and OCS – Office of Career Services
	Attend Lunch with the Pros to hear from alumni and professionals in the public health field
	Begin connecting with professionals and alumni; build meaningful relationships
Profe	essional Opportunities
	Learn about <u>fellowship opportunities</u> ; for hospital administration fellowships, attend the <u>ACHE/CHEF</u>
	Fellowship Event
Enga	ngement
	Join a student group(s) and be an active member
	Explore organizations by volunteering at events related to your interests and curiosities



HOW DID YOU DO? From a scale of 1 - 10, rate how you feel about your career development this past semester?



## **FIRST YEAR**

**Spring Semester** 

Proje	ssional Packaging / Resources	
	Order professional business cards to promote your professional brand. Contact the <u>UIC Creative and</u>	
	<u>Digital Services</u> (312-996-3562).	
	Research job trends in public health	
	Update your resume	
Netu	orking	
	Attend career workshops and information sessions, and alumni panels hosted by <u>SPH Career Services</u> ar	าด
	OCS – Office of Career Services	
	Consider attending the UIC All Majors Career Fair, open to all UIC students	
	Schedule informational interviews; send a thank you after each interview	
	Follow up with your professional network	
	Research fellowships and get familiarized with deadlines. For those interested in the <a href="Presidential">Presidential</a> Management Fellowship, the (PMF) Program solicits applicants annually via an announcement on USAJOBS ( <a href="https://www.usajobs.gov">www.usajobs.gov</a> )  Gement Join professional associations (e.g. APHA, ACHE, etc.) related to your field of interest Join a student group(s) and be an active member	
Su	mmer	
	□ During your Applied Practice Experience, document your accomplishments and	
	contributions as you go; timeline for Applied Practice Experience varies by student	
	☐ Research careers and learn about skills and experience required for various roles	
	□ Update your resume	
	□ Conduct informational interviews; send a thank you after each interview	

HOW DID YOU DO?

From a scale of 1 - 10, rate how you feel about your career development this past semester?





## **SECOND YEAR**

**Fall Semester** 

Prof	essional Packaging / Resources
	Update your resume with new experiences and accomplishments
	Ask for recommendations for your LinkedIn profile
	Research companies, their competitors, and industry in detail
Net	working
	Follow up with new connections and professionals in your network; stay visible
	Attend career workshops, information sessions, and alumni panels hosted by SPH Career Services and
_	OCS – Office of Career Services
Ш	Attend the Fall Diversity Career Fair (review the list of employers beforehand); attend a "How to Work a
	Job Fair" workshop hosted by OCS Attend APHA and or other conferences related to your field
Prof	essional Opportunities
	Apply for fellowships, and be aware of deadlines. The Presidential Management Fellowship (PMF) application typically stays open for 2 weeks
	Participate in an internship that will help you gain the skills/experience needed for a future position
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Eng	agement
	Get involved in a committee or sub-committee for one of your professional associations
SECO	OND YEAR
	g Semester
<b></b>	g Semester
Prof	essional Packaging / Job Search
	Develop a list of targeted companies and organizations of interest; connect with alumni and your
	professional network to find leads
	Apply for positions through uiccareers.com, professional and personal networks, and <u>online job boards</u> Customize your resume and cover letter for each position
	Stay organized in documenting connections with public health professionals and job applications
	Participate in a mock interview with SPH Career Services
	Attend a salary negotiation workshop
	working
	Attend the UIC All Majors Career Fair; follow-up with recruiters
	Continue to schedule informational interviews with professionals in your field Attend Healthy Spirits!
Dom	nain Positive
κειιι □	If something is not working in your job search, re-direct your approach; Contact SPH Career Services
	Stay connected with peers and identify your job search allies (the job search process is a journey and
	having a support system is essential)
	Having a support system is essentially





